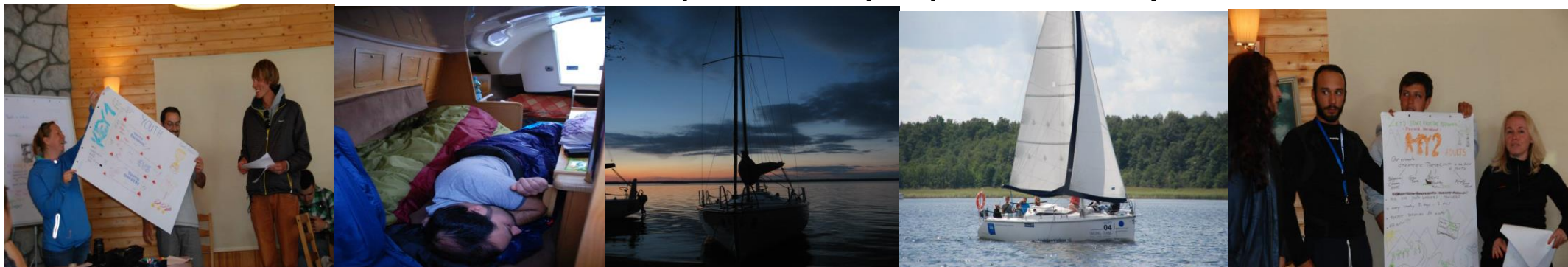


SAIL with Erasmus + and European Solidarity Corps / POLAND/Gizycko June 2019



**Accommodation and food will be provided by the organizers (7-8 people on the boat)! Travel costs - Erasmus + Distance Calculator. NO PARTICIPATION FEE!
This activity will be hold in two languages: English Verbal and International Sign Language (Translation)**

The main aim of the training course is to empower organizations to use Erasmus + and European Solidarity Corps programme as a tool for sustainable and systematic work with young people

Training/Partner Building Activity is for those who would like to explore the programme Erasmus + and European Solidarity Corps from different perspective, i.e., how to use the programme as a tool in work with young people, especially with fewer opportunities.

Here are just few of the things you can get through the training course:

- Erasmus + and all activities;
- What it is, for whom, how You can use it as an organization;
- What is the difference/new in ESC;
- How You can involve, support participants with fewer opportunities, special needs;
- To share various experiences and practices among other participants from EU countries;
- To create your project idea and find potential partners;
- To hear stories from the organizers of best practice projects;
- To learn basic International Sign Language
- To learn sail

Objectives of the training course are:

- to support better understanding of different realities and needs of young people in Europe, especially with fewer opportunities;
- to provide up-to-date information about possibilities in Erasmus + and European Solidarity Corps;
- to encourage European organizations to work strategically with young people using Erasmus + and European Solidarity Corps projects as a tools;
- to create a space and environment for possible partnerships

The main objective of organizing training/contact making seminar is to find common area of interests, needs, expectations of Programme Countries Partners.

Caring about the future of our children/youngsters we want to generate areas that will allow them to develop and learn at the international level. In addition to international exchanges, we would like to focus on training, short-long term EVS, vocational practices, workshops improving their qualifications and skills that they can use in their adult life, eg in the process of searching / working. 9 days is the time to get to know the organization, share the ideas, dreams, recognize possibilities of the new ESC and Erasmus + . o. The TC will take part decision-makers, adults working as staff in various organizations and youth. This TC is open for DEAF and HARD of HEARING staff, youngsters – all will be translated for International Sign Language. The principle of "nothing about us without us.

"RA i DO" Foundation would like to host organization from different countries and different areas to create Partnership in the fields:

- Sport activities; Cooking; Art (modern painting, photo, making jewelry); IT and new technologies; Languages (verbal and sign); Tourism ;Ecology and recycling ;Cultural, religion different
Include youngster with fever opportunities; Intellectual input of staff and youngsters

Target Group:

18+ no age limit, 2-3 people from each organization, Decision makers, teachers, youth workers, youngsters, (with and without experience in Erasmus+ or European Solidarity Corps programmes) who are interested in using Erasmus + and European Solidarity Corps as a tool in long-term work with young people, especially with fewer opportunities

This TC is open for DEAF and HARD of HEARING staff, youngsters – all will be translated for International Sign Language. During first 3 days we are going to teach ALL of YOU International Sign Language!!!!

ACCOMODATION:

on the boats - common area. 7-8 people in each boat - you need to have your own very hot sleeping bag , please bring your own towels . It is not so comfortable like a hotel, but we made 2 youth exchanges and almost 100 % of participants was delighted 😊. Take your very comfortable and sporty clothes, gloves, hat, scarf, hot pants and socks. It will be interesting adventure too !!!!! :-)

FOOD:

breakfast and lunches we are going to prepare on the boats (by participants), good hot supper will be served on the restaurants/taverns every day. Alcohol in your own 😊

ACTIVITIES OF PARTNERS:

- Find participants for whom accommodation will be OK 😊see the photos, that our home for 10 days .
- Each Partner will be responsible for preparing materials concerning their organization, expectation, needs, proposals , future plans. For two days it will be possible to present presentations, films, specials materials.

Daily Schedule:

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
20 min		ISL	meeting with captains/evaluation time/time for suggestions/proposals	meeting with captains/evaluation time/time for suggestions/proposals	meeting with captains/evaluation time/time for suggestions/proposals	meeting with captains/evaluation time/time for suggestions/proposals	meeting with captains/evaluation time/time for suggestions/proposals	meeting with captains/evaluation time/time for suggestions/proposals	YOUTHASSES meeting with captains/evaluation time/time for suggestions/proposals
30 min		Exercises – knowing each other	ISL	ISL	ISL	ISL	ISL	ISL	
2 hours	ARRIVAL to GIŻYCKO Integration time	Organization meeting safety training on the lake (obvious for all !!!)	ISL	ERASMUS + - KEY 1/K2;K3, SPORT Brain storming	European Solidarity Corps (ESC) - theory , what it is, what is new	Future Projects - rules and possibilities, participants with fewer opportunities, rules, finances	Future Projects – writing projects	Presentation the projects	DEPARTURE
1,5		ISL	Partners Presentations – Flipchart preparatory		European Solidarity Corps (ESC) – brain storming				
1,5 hours		RULES of the project /YOUTHASSES		ERASMUS + - KEY 1/K2;K3, SPORT Brain storming	FREE TIME	EVS, short, long term	Future projects –writing projects	Evaluation for whole seminar	
Dinner	ISL (International Sign Language) Welcome dinner 😊	Integration evening	Integration evening - presentation of Partners, what they are doing	Free evening	FREE TIME	Fire	Evening with the stars on the sky	PARTY EVENING	

TRAVEL – To WARSAW or GDANSK, next by bus to GIŻYCKO (MAZURY LAKES AREA IN POLAND)

We have two airports in Warsaw:

- 1) International Fryderyk Chopin Okęcie Airport - all kind of flights.
- 2) Modlin Airport – cheap flight (not all flights) – 37 km from Warsaw, additional Bus transport

We have one airport in Gdańsk

- 1) Gdańsk Rębiechowo

DOCUMENTS concerning reimbursement:

Our Polish National Agency need these 3 documents :

- Invoice for payment with date of buying and price (for me the best option is EURO); Tickets and boarding passes; All tickets should have price (busses, trains)

If you would like to come to Poland one or two days earlier/stay longer after the project please write to me . It is possible, but I must know that earlier.

You need to buy insurance in your own responsibility. !!!!

If you have any questions do not hesitate to contact with me or person responsible for the project Dorota Anna Milke: anna.milke@interia.pl